

## CHANGES CONTROL

DATE	CHANGES	REASON
1/12/2026	Content 5: Information about the competition	Change of the competition dates.
	Content 15: Sport Schedule appendix	
02/24/2026	Content 6: Competition Program and Medals	Complete Competition Program Appendix
	Content 11: Equipment - Uniforms - Facilities	Link to Brand Usage Manual for uniforms

KARATE



# TECHNICAL MANUAL

KARATE



IV JUEGOS SURAMERICANOS DE LA JUVENTUD

A OTRO  
NIVEL

## TABLE OF CONTENTS

### 1. WELCOME

### 2. GENERAL INFORMATION ABOUT PANAMA

- a. Number of inhabitants
- b. Location
- c. Altitude
- d. Climate
- e. Currency of Panama

### 3. SPORTS ORGANIZATIONS AND LEADERS

- a. National Olympic Committee
- b. Organización Deportiva Suramericana (ODESUR)
  - Executive Committee
  - Technical Commission
  - Medical Commission
  - Follow-up Commission for the IV South American Youth Games Panama 2026
- c. Interinstitutional Technical Committee for the IV South American Youth Games Panama 2026
  - Organizing Committee
  - General Director
  - Executive Director
- d. Confederación Sudamericana de Karate \*
- e. Federación Panameña de Karate
- f. National and International technical officials

### 4. IV SOUTH AMERICAN YOUTH GAMES PANAMA 2026 in numbers

### 5. INFORMATION ABOUT THE COMPETITION

### 6. COMPETITION PROGRAM AND MEDALS

### 7. PARTICIPANTS

## 8. ELEGIBILITY

- a. Competitor's Nationality
- b. Competitor's Age

## 9. REGISTRATION

- a. Intention of Participation
- b. numerical registration
- c. Long list registration
- d. Final nominal registration
- e. Submission of information

## 10. KARATE RULES

- a. General rules
- b. Competition staff: Judges, Jurors, and Technical Officials
- c. Protests and appeals

## 11. EQUIPMENT – UNIFORMS – FACILITIES

## 12. TECHNICAL MEETING

## 13. MEDICAL INFORMATION

- a. Doping Control
- b. Medical Services at Competitions and Training Venues

## 14. POST COMPETITION PROCEDURES

Mixed Zone

## 15. SPORTS SCHEDULE APPENDIX

## 1. WELCOME

On behalf of the National Government of the Republic of Panama, the Panamanian Sports Institute, and the Panamanian Olympic Committee, we extend a warm welcome to the IV South American Youth Games Panama 2026.

It is an honor for our country to host this sporting event, which celebrates the talent, discipline, and passion of the new generation of athletes in our region. These Games are an opportunity to reaffirm the values that unite us: excellence, friendship, unity, and the Olympic spirit that inspires every participant.

The organizing committee reaffirms its commitment to providing an event that promotes youth sports development, cultural exchange, and integration among the ODESUR member countries. We are working with enthusiasm and dedication to ensure that every detail reflects the pride and hospitality of the Panamanian people.

To all participating delegations, we wish you great success. May this experience in Panama be an opportunity to compete with dedication, learn with humility, and share with joy, in an atmosphere of respect and camaraderie.

Welcome to Panama 2026, where South American youth unite, inspire, and leave their mark in sports history!

Anamae Orillac  
General Director  
IV South American Youth Games Panama 2026

## 2. GENERAL INFORMATION ABOUT PANAMA

Panama City is the capital of Panama, an amazing country located in Central America, known for its rich cultural diversity, geography, and strategic role in international trade. Panama City is the only capital city in the world that has a protected rainforest within its city limits. It is a city of contrasts, where the modern blends with the traditional, offering a unique experience for visitors and residents alike. It has impressive skyscrapers, reflecting the economic growth and urban development of recent decades

### a. Number of inhabitants

Panama City is the largest and most populous city in the country with 1,439,575 inhabitants in 2023, according to the National Institute of Statistics and Census. It is home to a population rich in ethnicities and traditions. It is a place where you can find a large number of immigrants of different nationalities from all over the world.

### b. Location

The Republic of Panama is located in the central part of the American continent, bordered by the Caribbean Sea to the north, The Pacific Ocean to the south, Colombia to the east, and Costa Rica to the west.

### c. Altitude

The altitude of Panama City rises to an average of 30 meters above sea level, covering an average area of 100 km<sup>2</sup>. Its highest point is Cerro Ancon, where the Panamanian flag flies at the summit, which can be seen from the city

### d. Climate

Panama has a tropical climate, characterized by warm and humid temperatures:

No.	CLIMATE	PANAMA RANGE
1	Temperature:	30/25°C
2	Relative Humidity:	82.40%
3	Precipitation:	223 mm
4	Altitude above sea level:	15 m
5	Sunrise:	6:15
6	Sunset:	18:28
7	Solar noon:	11 a.m.

**Source:** Instituto de Meteorología e Hidrología de Panamá

### e. Currency of Panama

The official currency is the Balboa, which has the same value as the US Dollar and, according to Panamanian law, circulates freely and is used without restrictions in commercial and financial transactions.

### 3. SPORTS ORGANIZATIONS AND LEADERS

#### a. National Olympic Committees

The fifteen (15) Olympic Committees that are part of ODESUR come from the following countries:

ARGENTINA	ARG		COLOMBIA	COL		PARAGUAY	PAR	
ARUBA	ARU		CURAZAO	CUR		PERU	PER	
BOLIVIA	BOL		ECUADOR	ECU		SURINAM	SUR	
BRASIL	BRA		GUYANA	GUY		URUGUAY	URU	
CHILE	CHI		PANAMA	PAN		VENEZUELA	VEN	

#### b. Organización Deportiva Suramericana (ODESUR)

Phone number: 595 (21) 649 650 - Email: [info@odesur.org](mailto:info@odesur.org)

Executive Committee 2022 - 2026

NAME	ROLE	COUNTRY
Camilo Pérez López Moreira	President	Paraguay
Mario Moccia	1st Vice President	Argentina
Paulo Wanderley	2nd Vice president	Brasil
Miguel Angel Mujica	Secretary General	Chile
Marco Arze Mendoza	Treasurer	Bolivia
Damaris Young	Vocal	Panamá
Wanda Broeksema	Vocal	Aruba
Jose Luis Echeverry	Vocal	Colombia
Inés Remersaro	Chair of the Athlete's Commission	Uruguay

## Technical Commission

NAME	ROLE	COUNTRY
Mario Moccia	President	Argentina
Jorge Delgado	Member	Ecuador
María Delgado	Member	Venezuela
Juan Carlos Orihuela	Member	Paraguay
Rodrigo Moreno	Member	Chile
Francisco Barreto	Member	Brasil
Victor Groupierre	ACODESU Member	Argentina
Fabio Ramírez García	Technical and Development Director	Colombia

## Medical Commission

NAME	ROLE	COUNTRY
Dr. José Veloso	President	Uruguay
Dr. Hugo Rodríguez Papini	Member	Argentina
Juan Diego Parraga	Member	Colombia
Victor Carpio	Member	Perú
Luciano Rezende	Member	Brasil
Gerardo Acosta	Legal Adviser	Paraguay

## Follow-up Committee for the IV South American Youth Games 2026

NAME	ROLE	COUNTRY
Marco Arce Mendoza	President	Bolivia
Wanda Broeksema	Member	Aruba
María Soto	Member	Venezuela
Benjamín Hockin	Member	Paraguay
Mario Cilenti	ODESUR Executive Director	Argentina
Fabio Ramírez	ODESUR Technical and Development Director	Colombia

### c. INTERINSTITUTIONAL TECHNICAL COMMITTEE

ENTITY	ROLE	NAME
Director of Pandeportes	President	Mr. Miguel Angel Ordoñez
President of Panamenian Olympic Committee	Executive Secretary	Mrs. Damaris Young
Minister of Presidency	Member	Juan Carlos Orillac
Panama City Municipal Government	Member	Mayer Mizrachi
Minister of Culture	Member	Maruja Herrera
Minister de Economy and Finance	Member	Felipe Chapman
Panama Tourism Authority	Member	Gloria María de León
Promptur	Member	Salomón Shamah
Athlete's Representative	Member	Mrs. Daniela Rodríguez

### Organizing Committee of the IV South American Youth Games Panamá 2026

General Director  
Anamae Orillac  
E-mail: [anamae.orillac@jsjpanama2026.com](mailto:anamae.orillac@jsjpanama2026.com)

Technical Director  
Emilio Wong  
Email: [emilio.wong@jsjpanama2026.com](mailto:emilio.wong@jsjpanama2026.com)

### d. Confederación Sudamericana de Karate

President: Luiz Carlos Cardoso de Nascimento  
Address: Fortaleza Brasil  
Phone number: +5585006947085  
E-mail: [luizccnascimento2019@gmail.com](mailto:luizccnascimento2019@gmail.com)

### e. Federación Panameña de Karate

President: Eduardo Frias  
Phone Number: +50762268555  
E-mail: [eduardofrias.heroe1@gmail.com](mailto:eduardofrias.heroe1@gmail.com) ; [fn-karate@copanama.com](mailto:fn-karate@copanama.com)

### f. International Technical Officials

The Confederación Sudamericana de Karate will appoint the international technical officials.  
International Technical Delegate (ITD): William Cardozo  
E-mail: [directortecnicochk@gmail.com](mailto:directortecnicochk@gmail.com) Phone Number: +5585987494892

#### 4. IV SOUTH AMERICAN YOUTH GAMES PANAMÁ 2026, IN NUMBERS

- 15 countries
- 22 sports – one guest sport (Chess)
- + 1.500 participating athletes
- 13 days of competition
- 20 sporting venues

#### 5. INFORMATION ABOUT COMPETITION

The karate competition for the IV South American Youth Games Panama 2026 will be held from **April 23<sup>RD</sup> to the 25<sup>th</sup> 2026** in the venue Centro de Alto Rendimiento (CAR) – Centro de Combate.

##### a. Competition format

It will be carried out in accordance with the regulations of the World Karate Federation (WKF) and the Confederación Suramericana de Karate.

#### 6. COMPETITION PROGRAM AND MEDALS

Date	Sessions	Hour	Event	Gender	Stage	
22-apr		8:30	Non Official Weigh-in			
		9:00	Official Weigh-in			
		18:00	Technical Meeting			
		20:00	Briefing Arbitraje			
23-apr	S1 9:00 - 12:00	9:00	Kata	Female	Round Robin	
		10:15	Kata	Male	Round Robin	
			12:00	Lunch		
	S2 14:00 - 17:15	14:00	Kumite +59kg	Female	Round Robin	
			Kata	Female	Semifinal	
		15:45	Kata	Male	Semifinal	
			Kumite +59kg	Female	Semifinal	
		16:10	Kata	Female	Final	
			Kata	Male	Final	
	16:30	Kumite +59kg	Female	Final		
		16:30	Award Ceremony			

24-apr	S1 9:00 - 12:00	9:00	Kumite +68kg	Male	Round Robin	
		10:15	Kumite -59kg	Female	Round Robin	
		12:00	Lunch			
	S2 14:00 - 17:15	15:45	14:00	Kumite -68kg	Male	Round Robin
				Kumite +68kg	Male	Semifinal
				Kumite -59kg	Female	Semifinal
		16:10		Kumite -68kg	Male	Semifinal
				Kumite +68kg	Male	Final
				Kumite -59kg	Female	Final
			16:30	Award Ceremony		
25-apr	S1 9:00 - 12:00	9:00	Kumite -53kg	Female	Round Robin	
		10:15	Kumite -61kg	Male	Round Robin	
		12:00	Lunch			
	S2 14:00 - 14:50	14:00		Kumite -53kg	Female	Semifinal
				Kumite -61kg	Male	Semifinal
		14:15		Kumite -53kg	Female	Final
				Kumite -61kg	Male	Final
		14:35	Award Ceremony			

CATEGORIES SUMMONED			MEDALS TO BE AWARDED					
KUMITE	MALE	FEMALE	MALE			FEMALE		
			GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE
- 61 kg	☐		1	1	2			
- 68 kg	☐		1	1	2			
+ 68 kg	☐		1	1	2			
- 53 kg		☐				1	1	2
- 59 kg		☐				1	1	2
+59 kg		☐				1	1	2
KATA								
Individual	☐	☐	1	1	2	1	1	2
<b>TOTAL</b>			<b>4</b>	<b>4</b>	<b>8</b>	<b>4</b>	<b>4</b>	<b>8</b>

The training schedule will be established by the Organizing Committee after receiving all numerical registrations and will be confirmed upon the arrival of the delegations.

For a category to be held, a minimum of four (4) athletes from four (4) different NOCs

must participate.

In accordance with ODESUR regulations, the prizes will be awarded as follows:

- First place: gold medal.
- Second place: silver medal.
- Third place: bronze medal

All competitors will receive a certificate of participation.

The prizes will be awarded once the competition is over, following the protocol rules of ODESUR, and the official uniform representing their country must be worn.

## 7. PARTICIPANTS

All athletes from countries whose National Olympic Committees (NOCs) are affiliated with ODESUR and whose National Federations are members of the World Karate Federation (WKF) may participate.

Each National Olympic Committee (NOC) may register a delegation of up to eight (8) athletes:

- Four (4) male athletes — three (3) in Kumite and one (1) in Kata.
- Four (4) female athletes — three (3) in Kumite and one (1) in Kata.

The number of team officials in a delegation may not exceed 40% of the total number of athletes.

## 8. ELEGIBILITY

To be eligible and participate in the IV South American Youth Games Panama 2026, the athlete must comply with the ODESUR statutes and the rules of World Karate Federation.

### a. Competitors' Nationality

Any competitor participating in the IV South American Youth Games Panama 2026 must have the nationality of the country of the NOC that registered them, which will be responsible for that registration. The nationality and eligibility of the competitor is determined in accordance with ODESUR regulations.

### b. Age of Competitors

All athletes born between **January 1<sup>st</sup> 2009 and December 31<sup>st</sup> 2010** (16 – 17 y/o) will be allowed to participate in.

## 9. REGISTRATION

### a. Intention to Participate

All National Olympic Committees' must submit their intention to participate by **October 1<sup>st</sup> 2025**, at 11:59:59 p.m. (Panama Time), using the official forms that the Organizing Committee will send out in due course. They must indicate the sports in which they will participate for the IV South American Youth Games Panama 2026. Forms will be published on the official website.

### b. Numerical Registration

Numerical Registration Forms (individual and team) will indicate, without specifying names, the number of officials, technical staff, competitors, and support personnel that will make up the delegation. These forms must be submitted through the respective National Olympic Committee (NOC) and received by the Organizing Committee of the IV South American Youth Games Panama 2026 no later than **November 30<sup>th</sup> 2025**, at 11:59:59 PM (Panama time).

### c. Long List Registration

the long list of athletes, team officials, technical staff, administrative, and auxiliary personnel must be sent to the Organizing Committee of the IV South American Youth Games Panama 2026 no later than **January 20<sup>th</sup> 2026**, at 23:59:59 (Panama Time). The long list may be submitted by email in order to meet the deadline.

### d. Final Nominal Registration

The nominal list for karate must be submitted no later than **March 12<sup>th</sup> 2026**, at 23:59:59 (Panama time).

The final list of athletes, team officials, technical staff , administrative and support personnel will be reviewed by the Head of Mission or a representative authorized by the NOC and representative of the Organizing Committee ( Registrations – Accreditations - Technical, etc.) during the "Delegation Registration (PRE DRM DRM) " meetings, which will be held virtually on the following dates: February 20<sup>th</sup>, 2026, and March 20<sup>th</sup>, 2026, and an in-person DRM starting on April 6<sup>th</sup>, 2026 which will take place at the organizing Committee's office.

At the time of Final Registration, no new registrations may be included; registration will be limited to the names listed in the Nominal List – Long List and may not exceed the number of athletes indicated in the Technical Instructions (Technical Manual) for each sport.

The number of team officials in delegations may not exceed 40% of the total number of athletes confirmed in the DRM. Once the DRM is complete, the registration and accreditation process for the delegation will be finished, and it will not be possible to accredit any other participants, except in exceptional circumstances duly authorized by ODESUR.

e. Sending Information

Any information regarding registrations or other matters may be sent to:

Email: [direcciontecnicapanama2026@jsjpanama2026.com](mailto:direcciontecnicapanama2026@jsjpanama2026.com)

## 10. KARATE RULES

a. General Rules

The competitions will be conducted in accordance with the current regulations of the World Karate Federation (WKF), including the WKF Kumite Rules, using the Round Robin system with two groups (as applied in multi-sport events).

They will be supervised by the Organización Deportiva de Suramericana (ODESUR) and the Confederación Suramericana de Karate, in accordance with the provisions of the WKF Kumite Rules.

For Olympic cycle events such as this one, the competition must be held under the Round Robin system

### ROUND ROBIN COMPETITION (KUMITE)

#### Competition Format

The Round Robin system is used in Olympic Kumite competitions or in events with a very limited number of participants. It is a competition format in which every contestant in a group competes against all other members of the same group to determine the winners. The variation of the Round Robin system used by the WKF consists of two separate groups, each completing its own rotation of matches. The WKF applies this format as a qualification stage for the medal rounds, where:

- The winner of each group faces the runner-up of the opposite group in the semifinals.

If an odd number of participants occurs (due to withdrawal or injury), that position will be considered a bye for the affected bouts. If this happens during the competition, any matches already completed against the withdrawn contestant will be considered void for previous opponents.

The winner and runner-up of each group are determined by the highest number of points, awarded as follows:

- Win: 3 points
- Draw: 1 point
- Draw with no score or Loss: 0 points

The semifinal winners advance to the final, competing for gold and silver medals, while the semifinal losers both receive bronze medals.

#### Tiebreak Rules

If two or more competitors have the same total points, the following criteria will be applied in order until the tie is resolved:

1. Winner of the match between the tied competitors.
2. Highest total points scored (for) in all matches.
3. Lowest total points received (against) in all matches.
4. Highest number of Ippons scored in all matches.
5. Lowest number of Ippons conceded in all matches.
  
6. Highest number of Waza-aris scored in all matches.
7. Lowest number of Waza-aris conceded in all matches.
8. Additional bout decided by Hantei (referee decision).

If there are three or more athletes and the top two advance to the semifinals, the tie resolution must be applied from the beginning.

#### Injury During Elimination Rounds

If a competitor is injured during the elimination round and cannot continue, the scores from completed or ongoing bouts are annulled (voided) and points lost, except when the injury occurs during the final bout of the Round Robin phase — in that case, all previous results and points remain valid.

#### Disqualification During Elimination Rounds

A competitor may be disqualified from a bout but allowed to continue in the competition. In that case:

- The opponent wins the bout 4–0, or by any score exceeding the opponent's total by 4 points (e.g., 5–0, 6–0).
- All other results remain valid.

If a competitor is disqualified from the entire competition, all completed, current, and

pending match results are annulled, and points lost, except when it occurs during the final bout of the Round Robin — in which case previous results and points remain valid.

If a competitor who had already qualified is disqualified for misconduct (Shikkaku) after the elimination round:

- The semifinal opponent advances to the final by default.
- The other two competitors will contest the remaining semifinal.
- Only one bronze medal will be awarded.

### Use of Video Review

WKF Video Review Rules in Kumite Competitions: Before the start of competition, the Tatami Managers will appoint two (2) Referees as Video Review Supervisors for each tatami.

These supervisors will sit at the Video Review table, where operational systems and screens are available.

Each Video Review Supervisor will have:

- Red and blue cards, marked as follows:
  - 3 = Ippon
  - 2 = Waza-ari
  - 1 = Yuko
  - 0 / NO = rejected

Only the two designated Video Review Supervisors are permitted at the Video Review table (VR) during competition.

### REQUIREMENTS

#### Equipment for Each Competition Area

- Four (4) cameras
- One (1) laptop
- One (1) monitor
- Video Review software

### WEIGH-IN PROCEDURES

#### Unofficial Weigh-In

Competitors may check their weight on the official scales (the same ones used for the official weigh-in) one hour before the start of the official weigh-in.

There is no limit to the number of times athletes may check their weight during this unofficial period.

### Official Weigh-In

- The weigh-in will always take place at a single location, which may be the competition venue, official hotel, or athletes' village (to be confirmed for each event).
- The organizers must provide separate rooms for men and women.

### Scales

The host National Federation must provide a sufficient number of calibrated electronic scales (minimum of 4 units) that display one decimal place (e.g., 51.9 kg, 154.6 kg).

The scales must be placed on a solid, non-carpeted floor.

### Date and Time

The official weigh-in must be conducted the day before the competition for each weight category, unless otherwise specified.

The official weigh-in schedule for WKF events will be announced in advance through official bulletins.

Competitors are responsible for being aware of this information.

Any competitor who fails to attend the weigh-in or is outside the official weight limits of their registered category will be disqualified (KIKEN).

### Weight Tolerance

- Men:  $\pm 0.2$  kg
  - Women:  $\pm 0.5$  kg
- The tolerance applies to both the upper and lower category limits.

### Procedure

At least two WKF officials (one per gender) must be present during the weigh-in:

- One verifies accreditation or passport
- One records the official weight

Additionally, six staff members (officials/volunteers) provided by the host federation will assist with traffic control.

Twelve chairs must be available.

All officials and staff supervising the weigh-in must be of the same gender as the competitors.

Steps:

1. The weigh-in will proceed by category and individually.
2. Coaches and team delegates must leave the weigh-in area before it begins.
3. Each competitor may step on the scale only once during the official weigh-in.
4. Each competitor must present their official event accreditation card for identity verification.
5. The official invites the competitor to step on the scale.
6. Competitors must weigh in wearing underwear only (men: briefs; women: bra and panties). Socks and accessories must be removed.
7. Competitors may remove underwear (without stepping off the scale) if necessary to meet the category limit.
8. The supervising official records the exact weight in kilograms, accurate to one decimal.
9. The competitor steps off the scale.

Note: No photos or recordings are allowed in the weigh-in area. This includes phones and other devices.

Unforeseen Cases

- General matters: handled by the Organizing Committee of the IV South American Youth Games Panama 2026, in accordance with ODESUR regulations.
- Technical matters: resolved according to WKF rules.

### KUMITE

The competition system will follow direct elimination, but in accordance with the WKF Kumite Regulations, Olympic-cycle events such as this must use the Round Robin format with 8 or 10 competitors per category.

- The two highest-ranked competitors per category in the WKF ranking will be seeded.
- No competitor may be replaced after the official draw.
- Competitors who fail to appear when called will be disqualified (KIKEN) from their category.

## KATA

The competition consists of individual performances, separated by gender.

- Minor variations according to the athlete's karate style (ryu-ha) are permitted.
- Before each round, the chosen kata must be reported to the scoring table.
- Competitors must perform a different kata in each round; repetition of a kata is not allowed once performed.
- If a competitor withdraws after the opponent's performance has begun, the opponent's kata may be reused in a later round.
  - This situation is considered a win by KIKEN

### b. COMPETITION STAFF: (JUDGES, JURORS AND TECHNICAL OFFICIALS)

The Confederación Suramericana de Karate will appoint internationally certified referees who, together with the International Technical Delegate, will be responsible for overseeing the competition.

Each country may nominate two (2) referees, provided their international license is valid and in good standing.

The remaining group of referees will be appointed by the host nation. The host must provide eight (8) referees — four (4) per tatami — who will serve at the technical table of each area and as coach controllers.

No referee may serve as a delegate of their own team or stay in the same accommodation as their delegation.

Note: All of the above will be confirmed through an official agreement recorded in minutes during a meeting with the South American Karate Confederation.

No referee, judge, and/or commissaire may serve as a delegate for their team or stay with their delegation.

### c. PROTESTS AND APPEALS

The competitions will be conducted in accordance with the regulations of the World Karate Federation (WKF).

#### Composition of the Appeals Jury

The Appeals Jury will be composed of three Senior Referees appointed by the Referee Commission. No more than one member may belong to the same National Federation.

The Referee Commission will also appoint three alternate members, numbered 1 to 3, who will automatically replace any of the original Jury members in cases of conflict of interest, shared nationality, or family or political relationship with any of the parties involved in the incident under protest, including all members of the judging panel related to the incident.

All technical protests must be submitted in writing to the Appeals Jury in accordance with the regulations of the World Karate Federation (WKF), the South American Karate Confederation, and ODESUR.

Each protest must be accompanied by a deposit of one hundred U.S. dollars (USD 100), as established by ODESUR regulations. The decisions of the Appeals Jury are final.

#### Protest Procedure

The protest must be submitted in the form of a written report, presented immediately after the match in which the incident occurred.

The only exception applies to administrative errors, which must be reported immediately after detection to the Tatami Manager.

The protest must be delivered to a representative of the Appeals Jury, who will review the circumstances of the incident. After evaluating all available facts, the Jury will issue a report and take any appropriate actions.

Any protest concerning the application of the rules must be announced by the coach within one (1) minute after the performance ends.

The coach must request the official protest form from the Tatami Manager and will have four (4) minutes to complete, sign, and submit it, together with the required fee.

The Tatami Manager will immediately deliver the completed protest form to a representative of the Appeals Jury, who will have five (5) minutes to decide.

## 11. EQUIPMENT - UNIFORMS – FACILITIES

### ODESUR - Manual for the Use of the Manufacturer Trademarks

The uniforms and sports equipment used by athletes and other participants in the competitions of the IV South American Youth Games Panama 2026 must comply with the regulations of the World Karate Federation (WKF) and ODESUR.

According to the WKF Kumite Regulations, the competition will take place on two tatamis (official karate mats), each measuring 10 m x 10 m. The physical venue must be sufficiently large to accommodate both tatamis, as well as technical tables and related areas.

In accordance with ODESUR regulations, no advertising will be permitted on the uniforms of national delegations during the Games.

For the Medal Ceremony, athletes must wear the official uniforms representing their country, in compliance with the standards established by ODESUR.

## 12. TECHNICAL MEETING

The Delegates' Technical Meeting will be held on a date to be confirmed at the Games Organizing Committee headquarters.

The Judges' Meeting and the weigh-in day will be held on dates to be confirmed at the headquarters of the Games Organizing Committee.

Up to two (2) representatives from each NOC may attend the Final Registration Verification, one with voting rights, along with an interpreter or assistant, if necessary.

The Final Registration Verification will include confirmation of the final participant registrations by category, confirmation of totals, the draw to determine the order of competing countries, as well as the verification of passports and competition uniforms in accordance with WKF and ODESUR regulations.

## 13. MEDICAL INFORMATION

### A. Doping Control

Doping control tests will be conducted by the Medical Commission of the Organizing Committee of the IV South American Youth Games Panama 2026, under the regulations of the ODESUR Medical Commission and in accordance with its Anti-Doping Rules approved by WADA.

ODESUR reaffirms its policy of rejecting, sanctioning, and discouraging, by all means, the use of doping substances and prohibited methods to ensure the healthiest, safest, fairest, and most ethical environment in sports competitions during the IV South American Youth Games Panama 2026.

The selection of athletes for sample collection, according to the ODESUR Anti-Doping Regulations, will be carried out by the ODESUR Medical Commission. The analysis of the samples will be conducted by a laboratory accredited by the World Anti-Doping Agency (WADA).

Any competitor who refuses to undergo a doping control test will be committing an Anti-Doping Rule Violation and may be immediately removed from the IV South American Youth Games Panama 2026 and have their accreditation withdrawn.

**B. Medical services at competition and training sites**

A medical station will be available to provide first aid to athletes and officials at each competition and training site, equipped with all necessary safety equipment for Sporting activities. Ambulances will always be available in cases where a member of the IV South American Youth Games Panama 2026 needs to be transferred to a hospital.

**14. POST- COMPETITION PROCEDURES**

**a. Mixed Zone**

At the end of each event, athletes will be instructed to leave the Competition Area by passing through the Mixed Zone, which is an area where accredited media may conduct brief interviews after the competition.

Athletes must pass through the Mixed Zone where they will be asked to cooperate and talk with media representatives.

**15. SPORTS SCHEDULE APPENDIX**

Schedule

EVENT	ABRIL															
	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
KARATE																

# TECHNICAL MANUAL

## KARATE



IV JUEGOS SURAMERICANOS DE LA JUVENTUD

ARGENTINA  
ARUBA  
BOLIVIA  
BRASIL  
CHILE  
COLOMBIA  
CURAZAO  
ECUADOR  
GUYANA  
PANAMÁ  
PARAGUAY  
PERÚ  
SURINAM  
URUGUAY  
VENEZUELA

A OTRO  
NIVEL

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