



CHANGES CONTROL

DATE	CHANGES	REASON
02/24/2026	Content 6: Competition Program and Medals	Complete Competition Program Appendix
	Content 11: Equipment - Uniform - Facilities	Link to Manual for the use of the Manufacturer Trademarks



JUDO



TECHNICAL MANUAL

JUDO



IV JUEGOS SURAMERICANOS DE LA JUVENTUD

A OTRO
NIVEL



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1. WELCOME

On behalf of the National Government of the Republic of Panama, the Panamanian Sports Institute, and the Panamanian Olympic Committee, we extend a warm welcome to the IV South American Youth Games Panama 2026.

It is an honor for our country to host this sporting event, which celebrates the talent, discipline, and passion of the new generation of athletes in our region. These Games are an opportunity to reaffirm the values that unite us: excellence, friendship, unity, and the Olympic spirit that inspires every participant.

The organizing committee reaffirms its commitment to providing an event that promotes youth sports development, cultural exchange, and integration among the ODESUR member countries. We are working with enthusiasm and dedication to ensure that every detail reflects the pride and hospitality of the Panamanian people.

To all participating delegations, we wish you great success. May this experience in Panama be an opportunity to compete with dedication, learn with humility, and share with joy, in an atmosphere of respect and camaraderie.

Welcome to Panama 2026, where South American youth unite, inspire, and leave their mark in sports history!

Anamae Orillac
General Director
IV South American Youth Games Panama 2026

2. GENERAL INFORMATION ABOUT PANAMA

Panama City is the capital of Panama, an amazing country located in Central America, known for its rich cultural diversity, geography, and strategic role in international trade. Panama City is the only capital city in the world that has a protected rainforest within its city limits. It is a city of contrasts, where the modern blends with the traditional, offering a unique experience for visitors and residents alike. It has impressive skyscrapers, reflecting the economic growth and urban development of recent decades

a. Number of inhabitants

Panama City is the largest and most populous city in the country with 1,439,575 inhabitants in 2023, according to the National Institute of Statistics and Census. It is home to a population rich in ethnicities and traditions. It is a place where you can find a large number of immigrants of different nationalities from all over the world.

b. Location

The Republic of Panama is located in the central part of the American continent, bordered by the Caribbean Sea to the north, The Pacific Ocean to the south, Colombia to the east, and Costa Rica to the west.

c. Altitude

The altitude of Panama City rises to an average of 30 meters above sea level, covering an average area of 100 km². Its highest point is Cerro Ancon, where the Panamanian flag flies at the summit, which can be seen from the city

d. Climate

Panama has a tropical climate, characterized by warm and humid temperatures:

No.	CLIMATE	PANAMA RANGE
1	Temperature:	30/25°C
2	Relative Humidity:	82.40%
3	Precipitation:	223 mm
4	Altitude above sea level:	15 m
5	Sunrise:	6:15
6	Sunset:	18:28
7	Solar noon:	11 a.m.

Source: Instituto de Meteorología e Hidrología de Panamá



e. Currency of Panama

The official currency is the Balboa, which has the same value as the US Dollar and, according to Panamanian law, circulates freely and is used without restrictions in commercial and financial transactions.

3. SPORTS ORGANIZATIONS AND LEADERS

a. National Olympic Committees

The fifteen (15) Olympic Committees that are part of ODESUR come from the following countries:

ARGENTINA	ARG		COLOMBIA	COL		PARAGUAY	PAR	
ARUBA	ARU		CURAZAO	CUR		PERU	PER	
BOLIVIA	BOL		ECUADOR	ECU		SURINAM	SUR	
BRASIL	BRA		GUYANA	GUY		URUGUAY	URU	
CHILE	CHI		PANAMA	PAN		VENEZUELA	VEN	

b. Organización Deportiva Suramericana (ODESUR)

Phone number: 595 (21) 649 650 – Email: info@odesur.org

Executive Committee 2022 – 2026

NAME	ROLE	COUNTRY
Camilo Pérez López Moreira	President	Paraguay
Mario Moccia	1st Vice President	Argentina
Paulo Wanderley	2nd Vice president	Brasil
Miguel Angel Mujica	Secretary General	Chile
Marco Arze Mendoza	Treasurer	Bolivia
Damaris Young	Vocal	Panamá
Wanda Broeksema	Vocal	Aruba
Jose Luis Echeverry	Vocal	Colombia
Inés Remersaro	Chair of the Athlete's Commission	Uruguay

Technical Commission

NAME	ROLE	COUNTRY
Mario Moccia	President	Argentina
Jorge Delgado	Member	Ecuador
María Delgado	Member	Venezuela
Juan Carlos Orihuela	Member	Paraguay
Rodrigo Moreno	Member	Chile
Francisco Barreto	Member	Brasil
Victor Goupierre	ACODESU Member	Argentina
Fabio Ramírez García	Technical and Development Director	Colombia

Medical Commission

NAME	ROLE	COUNTRY
Dr. José Veloso	President	Uruguay
Dr. Hugo Rodríguez Papini	Member	Argentina
Juan Diego Parraga	Member	Colombia
Victor Carpio	Member	Perú
Luciano Rezende	Member	Brasil
Gerardo Acosta	Legal Adviser	Paraguay

Follow-up Committee for the IV South American Youth Games 2026

NAME	ROLE	COUNTRY
Marco Arce Mendoza	President	Bolivia
Wanda Broeksema	Member	Aruba
María Soto	Member	Venezuela
Benjamín Hockin	Member	Paraguay
Mario Cilenti	ODESUR Executive Director	Argentina
Fabio Ramírez	ODESUR Technical and Development Director	Colombia

c. INTERINSTITUTIONAL TECHNICAL COMMITTEE

ENTITY	ROLE	NAME
Director of Pandeportes	President	Mr. Miguel Angel Ordoñez
President of Panamenian Olympic Committee	Executive Secretary	Mrs. Damaris Young
Minister of Presidency	Member	Juan Carlos Orillac
Panama City Municipal Government	Member	Mayer Mizrachi
Minister of Culture	Member	Maruja Herrera
Minister de Economy and Finance	Member	Felipe Chapman
Panama Tourism Authority	Member	Gloria María de León
Promptur	Member	Salomón Shamah
Athlete's Representative	Member	Mrs. Daniela Rodríguez

Organizing Committee of the IV South American Youth Games Panamá 2026

General Director
 Anamae Orillac
 E-mail: anamae.orillac@jsjpanama2026.com

Technical Director
 Emilio Wong
 Email: emilio.wong@jsjpanama2026.com

d. Confederación Sudamericana de Judo

President: Oscar Oreste Cassinerio
 Phone number: +54 9 351 5328282
 E-mail: presidencia@sudamericajudo.org ; medios@sudamericajudo.org

e. Federación Unida de Judo de Panamá

President: Milvia Omaira Mendoza Kam
 Phone Number: +50768808343
 E-mail: feujupa.mercadeo@gmail.com ; fn-judo@copanama.com

f. International Technical Officials

The Confederación Sudamericana de Judo will appoint the international technical officials.

International Technical Delegate (ITD): Kimberlie Rivera Tello
 E-mail: kimrivtel@gmail.com Phone Number: +51965884642

4. IV SOUTH AMERICAN YOUTH GAMES PANAMÁ 2026, IN NUMBERS

- 15 countries
- 22 sports – one guest sport (Chess)
- + 1.500 participating athletes
- 13 days of competition
- 20 sporting venues

5. INFORMATION ABOUT COMPETITION

The judo competition for the IV South American Youth Games Panama 2026 will be held from **April 13th to the 16th 2026**.

a. Competition format

It will be carried out in accordance with the regulations of the International Judo Federation (IJF) and the Confederación Suramericana de Judo.

6. COMPETITION PROGRAM AND MEDALS

DATE	SESSIONS	TIME	EVENT	Gender	DETAILS
12-abr		11:20 - 11:50	-55 kg	Male	Non Official Weigh-in
			-44 kg	Female	Non Official Weigh-in
		12:20 - 12:30	-55kg	Male	Official Weigh-in
			-44 kg	Female	Official Weigh-in
		12:10 - 13:40	Pre-control of back number & judogi	Male & Female	
13-Apr	S1 10:00 - 13:45	09:15 - 9:45	Random Weigh-in	Male & Female	
			-55 kg	Male	Preliminary
		-44 kg	Female	Preliminary	
		-55 kg	Male	Bronze & Finals	
		-44 kg	Female	Bronze & Finals	
		13:15 – 13:45	Award Ceremony		
	15:20 - 15:50	-66 kg	Male	Non Official Weigh-in	
		-52 kg	Female	Non Official Weigh-in	
		-66 kg	Male	Official Weigh-in	
		-52 kg	Female	Official Weigh-in	
		16:10 - 17:40	Pre-control of back number & judogi	Male & Female	
14-Apr	S1 10:00 - 13:45	09:15 - 9:45	Random Weigh-in	Male & Female	
			-66 kg	Male	Preliminary
		-52 kg	Female	Preliminary	
		-66 kg	Male	Bronze & Finals	
		-52 kg	Female	Bronze & Finals	
		13:15 – 13:45	Award Ceremony		
	15:20 - 15:50	-81 kg	Male	Non Official Weigh-in	
		-63 kg	Female	Non Official Weigh-in	
		-81 kg	Male	Official Weigh-in	
		-63 kg	Female	Official Weigh-in	
		16:10 - 17:40	Pre-control of back number & judogi	Male & Female	
15-Apr	S1 10:00 - 13:45	09:15 - 9:45	Random Weigh-in	Male & Female	
			-81 kg	Male	Preliminary
		-63 kg	Female	Preliminary	
		-81 kg	Male	Bronze & Finals	
		-63 kg	Female	Bronze & Finals	
		13:15 – 13:45	Award Ceremony		
	15:20 - 15:50	-100 kg	Male	Non Official Weigh-in	
		-78 kg	Female	Non Official Weigh-in	
		-100 kg	Male	Official Weigh-in	
		-78 kg	Female	Official Weigh-in	
		16:10 - 17:40	Pre-control of back number & judogi	Male & Female	
16-Apr	S1 10:00 - 13:45	09:15 - 9:45	Random Weigh-in	Male & Female	
			-100 kg	Male	Preliminary
		-78 kg	Female	Preliminary	
		-100 kg	Male	Bronze & Finals	
		-78 kg	Female	Bronze & Finals	
		13:15 – 13:45	Award Ceremony		



CATEGORIES SUMMONED			MEDALS TO BE AWARDED					
CATEGORIES	MALE	FEMALE	MALE			FEMALE		
			GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE
- 55 kg	1		1	1	2			
- 66 kg	1		1	1	2			
- 81 kg	1		1	1	2			
- 100 kg	1		1	1	2			
- 44 kg		1				1	1	2
- 52 kg		1				1	1	2
- 63 kg		1				1	1	2
- 78 kg		1				1	1	2
TOTAL			4	4	8	4	4	8

The training schedule will be established by the Organizing Committee after receiving all numerical registrations and will be confirmed upon the arrival of the delegations.

For a category to be held, a minimum of four (4) athletes from four (4) different NOCs must participate.

The competition schedule for each category will be established according to the logistics defined after the registration period begins.

In accordance with ODESUR regulations, the prizes will be awarded as follows:

- First place: gold medal.
- Second place: silver medal.
- Third place: bronze medal

All competitors will receive a certificate of participation.

The prizes will be awarded once the competition is over, following the protocol rules of ODESUR, and the official uniform representing their country must be worn.

7. PARTICIPANTS

All athletes from countries whose National Olympic Committees are affiliated with ODESUR and whose National Federations are members of the International Judo Federation, and the Confederación Suramericana de Judo may participate.

Each country may enter a delegation of up to four (4) male athletes and four (4) female athletes.

The number of team officials in a delegation may not exceed 40% of the total number of participants

8. ELEGIBILITY

To be eligible and participate in the IV South American Youth Games Panama 2026, the athlete must comply with the ODESUR statutes and the rules of Confederación Suramericana de Judo.

a. Competitors' Nationality

Any competitor participating in the IV South American Youth Games Panama 2026 must have the nationality of the country of the NOC that registered them, which will be responsible for that registration. The nationality and eligibility of the competitor is determined in accordance with ODESUR regulations.

b. Age of Competitors

All athletes born between **January 1st 2009 and December 31st 2011 (15 – 17 y/o)** will be allowed to participate in.

c. Affiliation

The National Federation and its delegation (athletes and coaches) must hold a valid affiliation with the International Judo Federation (IJF), meaning they must have an active IJF ID on <https://admin.judobase.org/?page=members> for 2026. Likewise, the National Federation must maintain a valid affiliation with the Confederación Suramericana de Judo.

d. Minimum Judo Rank

To participate in the IV South American Youth Games Panama 2026, athletes must hold a minimum rank of blue belt (Ni Kyu). The recognized belt ranks are established in the following progressive order: white, yellow, orange, green, blue, brown, and black.

This requirement ensures that competitors possess the appropriate technical level and experience to participate in an international event.

e. Coaches

Starting from the next edition, the V South American Youth Games, all coaches must hold at least the “Undergraduate Certificate as Judo Instructor” issued by the International Judo Federation Academy (IJF Academy) as part of their technical and professional training.

Registrations must be completed through the respective National Olympic Committee or National Federation.

For more information about the course, requirements, and registration process, visit:

https://academy.ijf.org/courses/undergraduate-certificate-as-judo-instructor_115136

9. REGISTRATION

a. Intention to Participate

All National Olympic Committees’ must submit their intention to participate by **October 1st 2025**, at 11:59:59 p.m. (Panama Time), using the official forms that the Organizing Committee will send out in due course. They must indicate the sports in which they will participate for the IV South American Youth Games Panama 2026. Forms will be published on the official website.

b. Numerical Registration

Numerical Registration Forms (individual and team) will indicate, without specifying names, the number of officials, technical staff, competitors, and support personnel that will make up the delegation. These forms must be submitted through the respective National Olympic Committee (NOC) and received by the Organizing Committee of the IV South American Youth Games Panama 2026 no later than **November 30th 2025**, at 11:59:59 PM (Panama time).

c. Long List Registration

the long list of athletes, team officials, technical staff, administrative, and auxiliary personnel must be sent to the Organizing Committee of the IV South American Youth Games Panama 2026 no later than **January 20th 2026**, at 23:59:59 (Panama Time). The long list may be submitted by email in order to meet the deadline.

d. Final Nominal Registration

The nominal list for judo must be submitted no later than **March 12th 2026**, at 23:59:59 (Panama time).

The final list of athletes, team officials, technical staff , administrative and support personnel will be reviewed by the Head of Mission or a representative authorized by the NOC and representative of the Organizing Committee (Registrations – Accreditations - Technical, etc.) during the “Delegation Registration (PRE DRM DRM) ” meetings, which will be held virtually on the following dates: February 20th, 2026, and March 20th, 2026, and an in-person DRM starting on April 6th, 2026 which will take place at the organizing Committee’s office.

At the time of Final Registration, no new registrations may be included; registration will be limited to the names listed in the Nominal List – Long List and may not exceed the number of athletes indicated in the Technical Instructions (Technical Manual) for each sport.

The number of team officials in delegations may not exceed 40% of the total number of athletes confirmed in the DRM. Once the DRM is complete, the registration and accreditation process for the delegation will be finished, and it will not be possible to accredit any other participants, except in exceptional circumstances duly authorized by ODESUR.

e. Sending Information

Any information regarding registrations or other matters may be sent to:
Email: direcciontecnicapanama2026@jsjpanama2026.com

10. JUDO RULES

a. General Rules

The competitions of the IV South American Youth Games Panama 2026 will be conducted in accordance with the current regulations of the International Judo Federation (IJF) and the Confederación Suramericana de Judo.

In the event of disagreement regarding the interpretation of these rules, the Spanish version shall prevail.

The duration of each bout will follow the rules established by the IJF and the Confederación Suramericana de Judo.

Depending on the number of participants in each category, the following competition systems may be used:

- For weight categories with up to five (5) athletes, a Round Robin system (all-against-all) will be applied.
- For weight categories with six (6) or more athletes, a double repechage system will be used. In this system, athletes are divided into two (2) groups by draw, and an elimination format is used to determine two (2) finalists who compete for the gold medal.
- The athletes who lost to the four semifinalists compete in the two (2) repechage groups. The winners of each repechage group will then face the loser of the semifinal bout from the opposite group for the bronze medal. The two winners of those bouts are placed in third position.

The top four (4) athletes in each category, according to the current IJF Cadet World Ranking at the time of the competition, will be seeded.

Weigh-In Procedures

The official weigh-in for each weight category will take place the day before competition and will last thirty (30) minutes. Forty minutes before the official weigh-in, the weigh-in area with the official scale will be open for unofficial weigh-in, which will also last thirty (30) minutes.

In cadet events, athletes are allowed a 200-gram tolerance and may not remove their underwear. Each athlete may step on the scale only once during the official weigh-in.

On the day of competition, a random weigh-in (“Random Weigh-In”) will be conducted with four (4) athletes per weight category, selected by draw. Each selected athlete will be weighed again, with a 5% margin over the category limit.

This weigh-in will take place one hour before the start of the event and will last 45 minutes. In cadet events, the same 200-gram tolerance and clothing rule apply.

Any athlete who fails either the official or 5% random weigh-in will be disqualified from the competition. Their opponent must report to the competition area to receive the corresponding win by walkover (gachi).

In cadet events, if an athlete loses consciousness during a shime-waza (strangulation) technique, they will not be allowed to continue in the competition.

Bye: A “bye” is not considered a bout won. A competitor receiving a bye will not be called to the tatami.

b. COMPETITION STAFF: (JUDGES, JURORS AND TECHNICAL OFFICIALS)

The Confederación Suramericana de Judo will appoint internationally certified referees who, together with the technical delegate, will be responsible for overseeing the competition. The remaining technical officials will be appointed by the host organizing committee

No referee, judge, and/or commissaire may serve as a delegate for their team or stay with their delegation.

c. PROTESTS AND APPEALS

The Appeals Jury will be elected during the technical meeting by the delegates of the participating countries, and its decisions shall be final and unappealable.

All technical protests must be submitted in writing to the Appeals Jury in accordance with the regulations of the International Judo Federation (IJF), the Confederación Suramericana de Judo, and ODESUR.

Each protest must be accompanied by a deposit of one hundred U.S. dollars (USD 100), as established by ODESUR regulations.

The decisions of the Appeals Jury are final and must be resolved before the start of the next day’s competition.

11. EQUIPMENT - UNIFORMS - FACILITIES

The uniforms and sports equipment used by athletes and other participants in the competitions of the IV South American Youth Games Panama 2026 must comply with the regulations of the International Judo Federation (IJF) and ODESUR.

According to ODESUR regulations, no advertising will be permitted on the uniforms of national delegations during the Games.

[ODESUR – Manual for the Use of the Manufacturer Trademarks](#)

For the Medal Ceremony, athletes must wear their official national uniforms, in accordance with ODESUR rules.

Dress Code for Participants

Technical Officials:

The dress code for national and international technical officials during the draw, technical meeting, and competition will be determined by the South American Judo Confederation.

During the refereeing clinic, the dress code is white judogi.

Competitors:

Athletes must wear a white or blue judogi, with an IJF-approved label (according to the current SOR), depending on their assigned position on the competition sheet. This must comply with the standards of the International Judo Federation (IJF) and the South American Judo Confederation (CSJ).

Each judogi must have a back patch displaying the athlete's surname and National Olympic Committee (NOC) abbreviation. The patch and sewing service will be provided by the Organizing Committee. The list of official judogi suppliers can be found at www.ijf.org/supplier-list.

Female athletes must wear a plain white, short-sleeved T-shirt or leotard made of strong fabric under the judogi jacket, long enough to be tucked into the trousers. The garment must have a round neck and must not display any visible markings, logos, or designs.

It is the responsibility of the National Olympic Committees (NOCs) to provide uniforms that comply with the following marking and emblem guidelines:

1. Manufacturer Identification on Uniforms

- **Judogi (Jacket):**
One manufacturer's mark allowed, maximum size 30 cm². It must be placed visibly along the bottom edge or within the 25 cm × 5 cm advertising area permitted on either shoulder.
- **Judogi (Trousers):**
One manufacturer's mark allowed, maximum size 30 cm². It must be placed visibly either near the top front/outside (up to 20 cm from the waistband cord) or near the bottom front/outside (up to 20 cm from the trouser hem).
- **Judogi (Belt):**
One manufacturer's mark allowed, maximum size 9 cm², positioned visibly on one of the two belt ends.
- **White Undershirt:**
One manufacturer's mark allowed per garment, maximum size 30 cm², which must not be visible when the judogi is closed.

2. NOC Emblem and National Identity

The NOC emblem or national flag must appear on the left side of the jacket, at chest level, with a maximum size of 100 cm².

3. Certification Labels

Each piece of clothing must display one IJF-approved label, an optically secure label of 15.75 cm² (3.5 cm × 4.5 cm) certifying compliance with IJF standards. Only one label per garment is permitted. Judogis must be officially tested and approved by IJF laboratories.

Placement of labels:

- Jacket: Lower front left side (where the jacket crosses), near or within the reinforced area.
- Trousers: Upper front central area.
- Belt: On one end of the belt.

Coaches:

Coaches must strictly follow the IJF Code of Conduct and Dress Code:

- Draw / Technical Meeting: Formal attire — jacket, trousers, shirt, and tie for men; jacket with trousers, skirt, or dress and blouse for women. Formal shoes (no sneakers or sandals).
- Preliminaries / Final Block: Team tracksuit with full-length pants and official short- or long-sleeved institutional shirt. Athletic shoes allowed (no sandals).

Other Officials:

Doctors, photographers, and other accredited officials in the competition area must wear their National Olympic Committee tracksuit with full-length pants, an official institutional shirt (short or long-sleeved), and sports shoes (nosandals).

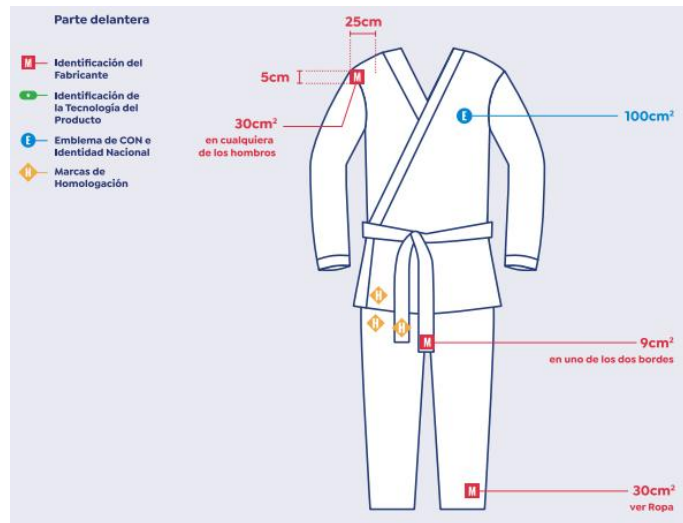


Image 1: Reference for Placement of Identifications on the Front of the Judogi

12. TECHNICAL MEETING

The Technical Meeting of Delegates will be held on a date to be confirmed at the headquarters of the Games Organizing Committee.

The Refereeing Clinic will also take place on a date to be confirmed at the same venue.

The dress code is WHITE JUDO GI, and attendance is mandatory for all National and International Technical Officials designated by the Confederación Suramericana de Judo.

Up to two (2) representatives from each NOC may attend the Technical Meeting, one with voting rights, along with an interpreter or assistant if necessary. The dress code is FORMAL for all participants:

- For men: jacket, trousers, shirt, and tie. *
- For women: jacket with trousers, skirt, or dress, and blouse. Formal shoes are required (no sneakers or sandals).

During the Technical Meeting, general information about the event will be provided, and the official competition draw will be conducted.

No category changes, additions, or withdrawals will be permitted at this stage; such procedures must be handled exclusively by the National Olympic Committees during the Delegation Registration Meeting (DRM). *



13. MEDICAL INFORMATION

a. Doping Control

Doping control tests Will be carried out by the Medical Commission of the Organizing Committee of the IV South American Youth Games Panama 2026 under the regulations of the ODESUR Medical Commission and in accordance with its Anti-Doping Rules approved by World Anti-doping Agency (WADA).

ODESUR reaffirms its policy of rejecting, sanctioning, and discouraging the use of doping substances and prohibited methods to ensure the healthiest, safest, fairest, and most ethical environment in sports competitions during the IV South American Youth Games Panama 2026.

The selection of athletes for sample collection in accordance with the ODESUR Anti-Doping Rule Violation and may be immediately removed from the IV South American Youth Games Panama 2026 and have their credential withdrawn.

b. Medical services at competition and training sites

A medical station will be available to provide first aid to athletes and officials at each competition and training site, equipped with all necessary safety equipment for Sporting activities. Ambulances will always be available in cases where a member of the IV South American Youth Games Panama 2026 needs to be transferred to a hospital.

14. POST- COMPETITION PROCEDURES

a. Mixed Zone

At the end of each event, athletes will be instructed to leave the Competition Area by passing through the Mixed Zone, which is an area where accredited media may conduct brief interviews after the competition.

Athletes must pass through the Mixed Zone where they will be asked to cooperate and talk with media representatives.

15. SPORTS SCHEDULE APPENDIX

Schedule

EVENT	ABRIL															
	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
JUDO				■	■	■	■									



TECHNICAL MANUAL

JUDO



IV JUEGOS SURAMERICANOS DE LA JUVENTUD

ARGENTINA

ARUBA

BOLIVIA

BRASIL

CHILE

COLOMBIA

CURAZAO

ECUADOR

GUYANA

PANAMÁ

PARAGUAY

PERÚ

SURINAM

URUGUAY

VENEZUELA

A OTRO
NIVEL

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