



CHANGES CONTROL

DATE	CHANGES	REASON
01/12/2026	Content 5: Information about the competition	Change of the competition dates
	Content 15: Sport Schedule Appendix	
02/07/2026	Content 5: Information about competition	Change of competition dates
	Content 15: Sport Schedule Appendix	
	Content 10: Indoor Football Rules	Competition Format was added with the participation of 4 teams and tiebreaker criteria for the bronze medal match and gold medal match
02/24/2026	Content 6: Competition Program and Medals	Complete Competition Program Appendix
02/24/2026	Content 11: Equipment - Uniform - Facilities	Link to Manual for the use of the Manufacturer Trademarks

INDOOR
FOOTBALL



TECHNICAL MANUAL

INDOOR FOOTBALL



IV JUEGOS SURAMERICANOS DE LA JUVENTUD

A OTRO
NIVEL



TABLE OF CONTENTS

1. WELCOME

2. GENERAL INFORMATION ABOUT PANAMA

- a. Number of inhabitants
- b. Location
- c. Altitude
- d. Climate
- e. Currency of Panama

3. SPORTS ORGANIZATIONS AND LEADERS

- a. National Olympic Committee
- b. Organización Deportiva Suramericana (ODESUR)
 - Executive Committee
 - Technical Commission
 - Medical Commission
 - Follow-up Commission for the IV South American Youth Games Panama 2026
- c. Interinstitutional Technical Committee for the IV South American Youth Games Panama 2026
 - Organizing Committee
 - General Director
 - Executive Director
- d. Confederación Suramericana de Fútbol CONMEBOL
- e. Federación Panameña de Fútbol
- f. National and International technical officials

4. IV SOUTH AMERICAN YOUTH GAMES PANAMA 2026 in numbers

5. INFORMATION ABOUT THE COMPETITION

- a. Competition Format

6. COMPETITION PROGRAM AND MEDALS

7. PARTICIPANTS



8. ELEGIBILITY

- a. Competitor's Nationality
- b. Competitor's Age

9. REGISTRATION

- a. Intention of Participation
- b. numerical registration
- c. Long list registration
- d. Final nominal registration
- e. Submission of information

10. INDOOR FOOTBALL RULES

- a. General rules
- b. Competition staff: Judges, Jurors, and Technical Officials
- c. Protests and appeals

11. EQUIPMENT - UNIFORMS - FACILITIES

12. TECHNICAL MEETING

13. MEDICAL INFORMATION

- a. Doping Control
- b. Medical Services at Competitions and Training Venues

14. POST COMPETITION PROCEDURES

Mixed Zone

16. SPORTS SCHEDULE APPENDIX



1. WELCOME

On behalf of the National Government of the Republic of Panama, the Panamanian Sports Institute, and the Panamanian Olympic Committee, we extend a warm welcome to the IV South American Youth Games Panama 2026.

It is an honor for our country to host this sporting event, which celebrates the talent, discipline, and passion of the new generation of athletes in our region. These Games are an opportunity to reaffirm the values that unite us: excellence, friendship, unity, and the Olympic spirit that inspires every participant.

The organizing committee reaffirms its commitment to providing an event that promotes youth sports development, cultural exchange, and integration among the ODESUR member countries. We are working with enthusiasm and dedication to ensure that every detail reflects the pride and hospitality of the Panamanian people.

To all participating delegations, we wish you great success. May this experience in Panama be an opportunity to compete with dedication, learn with humility, and share with joy, in an atmosphere of respect and camaraderie.

Welcome to Panama 2026, where South American youth unite, inspire, and leave their mark in sports history!

Anamae Orillac
General Director
IV South American Youth Games Panama 2026



2. GENERAL INFORMATION ABOUT PANAMA

Panama City is the capital of Panama, an amazing country located in Central America, known for its rich cultural diversity, geography, and strategic role in international trade. Panama City is the only capital city in the world that has a protected rainforest within its city limits. It is a city of contrasts, where the modern blends with the traditional, offering a unique experience for visitors and residents alike. It has impressive skyscrapers, reflecting the economic growth and urban development of recent decades

a. Number of inhabitants

Panama City is the largest and most populous city in the country with 1,439,575 inhabitants in 2023, according to the National Institute of Statistics and Census. It is home to a population rich in ethnicities and traditions. It is a place where you can find a large number of immigrants of different nationalities from all over the world.

b. Location

The Republic of Panama is located in the central part of the American continent, bordered by the Caribbean Sea to the north, The Pacific Ocean to the south, Colombia to the east, and Costa Rica to the west.

c. Altitude

The altitude of Panama City rises to an average of 30 meters above sea level, covering an average area of 100 km². Its highest point is Cerro Ancon, where the Panamanian flag flies at the summit, which can be seen from the city

d. Climate

Panama has a tropical climate, characterized by warm and humid temperatures:



No.	CLIMATE	PANAMA RANGE
1	Temperature:	30/25°C
2	Relative Humidity:	82.40%
3	Precipitation:	223 mm
4	Altitude above sea level:	15 m
5	Sunrise:	6:15
6	Sunset:	18:28
7	Solar noon:	11 a.m.

Source: Instituto de Meteorología e Hidrología de Panamá

e. Currency of Panama

The official currency is the Balboa, which has the same value as the US Dollar and, according to Panamanian law, circulates freely and is used without restrictions in commercial and financial transactions.

3. SPORTS ORGANIZATIONS AND LEADERS

a. National Olympic Committees

The fifteen (15) Olympic Committees that are part of ODESUR come from the following countries:

ARGENTINA	ARG		COLOMBIA	COL		PARAGUAY	PAR	
ARUBA	ARU		CURAZAO	CUR		PERU	PER	
BOLIVIA	BOL		ECUADOR	ECU		SURINAM	SUR	
BRASIL	BRA		GUYANA	GUY		URUGUAY	URU	
CHILE	CHI		PANAMA	PAN		VENEZUELA	VEN	

b. Organización Deportiva Suramericana (ODESUR)

Phone number: 595 (21) 649 650 - Email: info@odesur.org

Executive Committee 2022 – 2026



NAME	ROLE	COUNTRY
Camilo Pérez López Moreira	President	Paraguay
Mario Moccia	1st Vice President	Argentina
Paulo Wanderley	2nd Vice president	Brasil
Miguel Angel Mujica	Secretary General	Chile
Marco Arze Mendoza	Treasurer	Bolivia
Damaris Young	Vocal	Panamá
Wanda Broeksema	Vocal	Aruba
Jose Luis Echeverry	Vocal	Colombia
Inés Remersaro	Chair of the Athlete's Commission	Uruguay

Technical Commission

NAME	ROLE	COUNTRY
Mario Moccia	President	Argentina
Jorge Delgado	Member	Ecuador
María Delgado	Member	Venezuela
Juan Carlos Orihuela	Member	Paraguay
Rodrigo Moreno	Member	Chile
Francisco Barreto	Member	Brasil
Victor Groupierre	ACODESU Member	Argentina
Fabio Ramírez García	Technical and Development Director	Colombia

Medical Commission

NAME	ROLE	COUNTRY
Dr. José Veloso	President	Uruguay
Dr. Hugo Rodríguez Papini	Member	Argentina
Juan Diego Parraga	Member	Colombia
Victor Carpio	Member	Perú
Luciano Rezende	Member	Brasil
Gerardo Acosta	Legal Adviser	Paraguay



Follow-up Committee for the IV South American Youth Games 2026

NAME	ROLE	COUNTRY
Marco Arce Mendoza	President	Bolivia
Wanda Broeksema	Member	Aruba
María Soto	Member	Venezuela
Benjamín Hockin	Member	Paraguay
Mario Cilenti	ODESUR Executive Director	Argentina
Fabio Ramírez	ODESUR Technical and Development Director	Colombia

c. INTERINSTITUTIONAL TECHNICAL COMMITTEE

ENTITY	ROLE	NAME
Director of Pandeportes	President	Mr. Miguel Angel Ordoñez
President of Panamenian Olympic Committee	Executive Secretary	Mrs. Damaris Young
Minister of Presidency	Member	Juan Carlos Orillac
Panama City Municipal Government	Member	Mayer Mizrachi
Minister of Culture	Member	Maruja Herrera
Minister de Economy and Finance	Member	Felipe Chapman
Panama Tourism Authority	Member	Gloria María de León
Promptur	Member	Salomón Shamah
Athlete's Representative	Member	Mrs. Daniela Rodríguez

d. Organizing Committee of the IV South American Youth Games Panamá 2026

General Director
Anamae Orillac

E-mail: anamae.orillac@jsjpanama2026.com



Technical Director
Emilio Wong
Email: emilio.wong@jsjpanama2026.com

e. Confederación Suramericana de Futbol CONMEBOL

President: Alejandro Dominguez Wilson-Smith
Address: Autopista Silvio Pettirossi y Valois Rivarola – Luque – Paraguay
Phone number: +595215172000
E-mail: secretaria@conmebol.com

f. Federación Panameña de Futbol

President: Manuel Arias
Phone Number: +50762068080
E-mail: info@fepafut.com

g. International Technical Officials

The Confederación Sudamericana de Futbol CONMEBOL will appoint the international technical officials.
International Technical Delegate (ITD): Angel Sabio
E-mail: angelsabio68@gmail.com
Phone Number: +54911500733359

4. IV SOUTH AMERICAN YOUTH GAMES PANAMÁ 2026, IN NUMBERS

- 15 countries
- 22 sports – one guest sport (Chess)
- + 1.500 participating athletes
- 13 days of competition
- 20 sporting venues

5. INFORMATION ABOUT COMPETITION

The indoor football competition for the IV South American Youth Games Panama 2026 will be held from **April 13th to the 17th 2026 in the Arena Roberto Duran.**



Competition format

The competition schedule will be presented to the countries in due time, according to the number of participating teams and in accordance with the regulations of the Confederación Suramericana de Fútbol (CONMEBOL).

The competition system and the training schedule will be established by the Organizing Committee after receiving all nominal registrations and will be confirmed upon the arrival of the delegations.

6. COMPETITION PROGRAM AND MEDALS

Date	Sesion	Time	Event	Gender
13- apr		12:30	Team 1 vs Team 2	Male
		14:45	Team 1 vs Team 2	Female
		17:00	Team 3 vs Team 4	Male
14- apr		12:30	Team 1 vs Team 3	Male
		14:45	Team 2 vs Team 3	Female
		17:00	Team 2 vs Team 4	Male
15- apr		12:30	Team 1 vs Team 4	Male
		14:45	Team 1 vs Team 3	Female
		17:00	Team 2 vs Team 3	Male
16- apr	DAY OFF			
17- apr		12:30	Bronze Match	Male
		14:45	Gold Match	Female
		17:00	Gold Match	Male

CATEGORIES SUMMONED			MEDALS TO BE AWARDED					
EVENT	MALE	FEMALE	MALE			FEMALE		
			GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE
INDOOR FOOTBALL	1	1	1	1	1	1	1	1
TOTAL			1	1	1	1	1	1

For the competition to take place, whether in the men's or women's category, a minimum of four (4) different countries must participate.

It will be conducted in accordance with the regulations of the International Federation of Association Football (FIFA) and the Confederación Suramericana de Fútbol (CONMEBOL).

According to the number of NOCs registered: With up to six (6) teams, the competition will be played in a single round-robin format. The teams that finish with the highest number of points will be awarded the medals.



With seven (7) or eight (8) teams, the competition will be divided into two (2) groups. The top two (2) teams from each group will advance to the semifinals of the tournament, in accordance with the Regulations of the Organization of the CONMEBOL Games.

Depending on the number of participating countries, a team may play two matches per day during the preliminary phase.

The tournament will be contested in two phases: the preliminary phase (group stage) and the final phase (quarterfinals, semifinals, and finals).

The top two (2) teams from each group will qualify for the semifinals, which will be played in a crossover format: first place (1st) in Group A vs. second place (2nd) in Group B, and first place (1st) in Group B vs. second place (2nd) in Group A.

The losers of the semifinals will play for the bronze medal, and the winners will compete for the gold and silver medals.

With four (4) teams competition format would be group stage where all teams play each other, whoever finishes first in this stage, will play against who finished second for the gold medal. The team that finishes in third place will play a match versus fourth place team for the bronze medal

In accordance with ODESUR regulations, the prizes will be awarded as follows:

- First place: gold medal.
- Second place: silver medal.
- Third place: bronze medal

All competitors will receive a certificate of participation.

The prizes will be awarded once the competition is over, following the protocol rules of ODESUR, and the official uniform representing their country must be worn.

7. PARTICIPANTS

All athletes from countries whose Olympic Committees are affiliated with ODESUR and whose National Federations are affiliated with the FIFA as of the date of the competition are eligible to participate.

Each country may register a maximum of twenty-four (24) people per category, of which eighteen (18) shall be athletes and six (6) shall be officials (delegate,



coach, assistants, or technical staff). These quotas will be part of the overall 40% allocation of each delegation.

8. ELEGIBILITY

To be eligible and participate in the IV South American Youth Games Panama 2026, the athlete must comply with the ODESUR statutes and the rules of Confederación Suramericana de Fútbol.

a. Competitors' Nationality

Any competitor participating in the IV South American Youth Games Panama 2026 must have the nationality of the country of the NOC that registered them, which will be responsible for that registration. The nationality and eligibility of the competitor is determined in accordance with ODESUR regulations.

b. Age of Competitors

All athletes born between **January 1st 2009 and December 31st 2011** (15 – 17 y/o) will be allowed to participate in.

9. REGISTRATION

a. Intention to Participate

All National Olympic Committees' must submit their intention to participate by **October 1st 2025**, at 11:59:59 p.m. (Panama Time), using the official forms that the Organizing Committee will send out in due course. They must indicate the sports in which they will participate for the IV South American Youth Games Panama 2026. Forms will be published on the official website.

c. Numerical Registration

Numerical Registration Forms (individual and team) will indicate, without specifying names, the number of officials, technical staff, competitors, and support personnel that will make up the delegation. These forms must be submitted through the respective National Olympic Committee (NOC) and received by the Organizing Committee of the IV South American Youth Games Panama 2026 no later than **November 30th 2025**, at 11:59:59 PM (Panama time).

c. Long List Registration

the long list of athletes, team officials, technical staff, administrative, and



auxiliary personnel must be sent to the Organizing Committee of the IV South American Youth Games Panama 2026 no later than **January 20th 2026**, at 23:59:59 (Panama Time). The long list may be submitted by email in order to meet the deadline.

d. Final Nominal Registration

The nominal list for indoor football must be submitted no later than **February 26th 2026**, at 23:59:59 (Panama time).

The final list of athletes, team officials, technical staff, administrative and support personnel will be reviewed by the Head of Mission or a representative authorized by the NOC and representative of the Organizing Committee (Registrations – Accreditations – Technical, etc.) during the “Delegation Registration (PRE DRM DRM)” meetings, which will be held virtually on the following dates: February 20th, 2026, and March 20th, 2026, and an in-person DRM starting on April 6th, 2026 which will take place at the organizing Committee’s office.

At the time of Final Registration, no new registrations may be included; registration will be limited to the names listed in the Nominal List – Long List and may not exceed the number of athletes indicated in the Technical Instructions (Technical Manual) for each sport.

The number of team officials in delegations may not exceed 40% of the total number of athletes confirmed in the DRM. Once the DRM is complete, the registration and accreditation process for the delegation will be finished, and it will not be possible to accredit any other participants, except in exceptional circumstances duly authorized by ODESUR.

e. Sending Information

Any information regarding registrations or other matters may be sent to email: direcciontecnicapanama2026@jsjpanama2026.com

10. INDOOR FOOTBALL RULES

a. General Rules

The tournament will be conducted under the current FIFA regulations. The field of play and its dimensions shall comply with these regulations and will be defined at a later stage to be included in the final version of the Manual.



The group draw will be carried out by the Organizing Committee, with a representative from CONMEBOL and ODESUR present, and will be formally communicated to all participating NOCs.

Points awarded per match:

- Win: 3 points
- Draw: 1 point
- Loss: 0 points

In the event of a tie on points during the PRELIMINARY PHASE (group stage), the following tie-breaking criteria shall apply, in the order listed:

- ✓ 1st Criterion: Head-to-head results, considering only the matches played during the preliminary phase between the teams tied in the standings, in favor of the team with:
 - I. The highest number of points obtained in the matches between the teams concerned.
 - II. The best goal difference in all matches between the teams concerned in the preliminary phase (goal difference is calculated by subtracting goals conceded from goals scored).
 - III. The highest number of goals scored in all matches between the teams concerned in the preliminary phase.
- ✓ 2nd Criterion: The best goal difference in all group matches played by the tied teams.
- ✓ 3rd Criterion: The highest number of goals scored in all group matches played by the tied teams.
- ✓ 4th Criterion: The lowest number of red cards received.
- ✓ 5th Criterion: The lowest number of yellow cards received.
- ✓ 6th Criterion: Drawing of lots.

If it becomes necessary to conduct the draw mentioned in this article, it shall be carried out by the DTI together with the Games Organizing Committee.

In the event of a tie in the placement matches for first (1st) and second (2nd) place, and for third (3rd) and fourth (4th) place, the winners shall be determined as follows: after forty (40) minutes of play, two (2) extra periods of five (5) minutes each shall be played.

If the tie persists at the end of extra time, the match will be decided by an alternating penalty shootout, consisting of five (5) penalty kicks for each team, taken alternately and executed by five (5) different athletes.

If the result remains tied, additional alternating penalty kicks (one per team) will be taken as many times as necessary until a winner is determined. No team may withdraw from the tournament.



Should a withdrawal occur, all matches already played and yet to be played against the withdrawing team shall be recorded as a three (3) to zero (0) victory for the opposing teams.

Competition management, with justified causes, may make changes to the initial schedule, which must be communicated to all participating delegations.

General matters not covered in this regulation shall be resolved by the Organizing Committee in accordance with ODESUR regulations.

b. COMPETITION STAFF: (JUDGES, JURORS AND TECHNICAL OFFICIALS)

The Control Committee shall be the highest authority of the competition and shall be composed of three (3) members: the president or a representative of the Confederación Suramericana de Fútbol, the technical delegate, and the refereeing delegate.

The Federación Panameña de Fútbol shall appoint the assistant referees for this competition. The number of referees will depend on the number of participating teams.

Scorers and Assistants: they will be provided by the Federación Panameña de Fútbol and approved by the representative of the Confederación Suramericana de Fútbol.

The Organizing Committee shall cover the expenses of air travel (economy class), lodging, meals, hydration (from two days prior to the start of the competition until one day after its conclusion), internal transportation, and per diem.

c. PROTESTS AND APPEALS

Appeals against decisions of the Technical Commission that are not final and that fall within the terms of this regulation shall be resolved by the Appeals Commission.

The Appeals Commission shall be composed of three (3) members: the representative of CONMEBOL and two (2) delegates appointed by the participating countries during the technical meeting. Two (2) alternate members shall also be appointed.

The Appeals Commission shall reach its decisions based on the documents and other forms of evidence contained in the Technical Commission's records. However, the Appeals Commission may, when necessary, resort to other types



of evidence (including television and video recordings) that it considers relevant.

The decisions issued by the Appeals Commission shall be final and binding on all parties involved.

Members of the Appeals Commission whose teams are involved in a claim may not participate and must be replaced by the alternate members.

The procedures to be applied by the Appeals Commission shall follow the rules governing the functions and procedures of the FIFA Appeals Committee.

The decisions issued by the Appeals Commission shall be final and shall be binding on all parties involved.

Affected parties may appeal to the Jury of Appeal of their sport within thirty (30) minutes following notification, accompanied by one hundred US dollars (USD 100). After this deadline, no further claims will be accepted.

Financial guarantees required as deposits will be returned to the claimant if the protest is upheld.

If the protest is denied, the funds will be retained by the Organizing Committee of the IV South American Youth Games Panama 2026.

11. EQUIPMENT - UNIFORMS - FACILITIES

The official ball for the Indoor Football competition shall be one recognized by FIFA and CONMEBOL.

The attire of the participants shall comply with the Official Regulations of FIFA and ODESUR.

The National Federations and the National Olympic Committees shall be responsible for providing uniforms to their athletes.

Athletes' uniforms shall comply with the FIFA Equipment Regulations. Each team must have at least two (2) uniforms: one (1) light-colored and one (1) dark-colored. The colors must be indicated in the nominal registration, and the attire and equipment used in the competition will be inspected accordingly.

National teams may not repeat colors in any part of their attire (jersey, shorts, or socks).



During the competition, each athlete must wear their number and name on the uniform, as indicated in the official roster.

In the case of a flying goalkeeper, the team must present goalkeeper jerseys in both colors with the name and number of the athlete designated for that function. The numbers should range from 1 to 14, with number 1 reserved for the goalkeeper.

Substitute athletes must wear a bib, which will be provided by the Organizing Committee.

The use of shin guards shall be mandatory in all matches.

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For the Medal Ceremony, athletes must wear the representative uniforms of their country, in accordance with the regulations established by ODESUR.

12. TECHNICAL MEETING

The Technical Meeting of Delegates will be held on a date to be confirmed at the headquarters of the Games Organizing Committee.

The Judges' Meeting will also be held on a date to be confirmed at the headquarters of the Games Organizing Committee.

Up to two (2) representatives from each NOC may attend the Final Registration Verification, one of whom shall have voting rights, along with an interpreter or assistant if necessary.

During the Technical Congress, the final registrations of participants by event will be confirmed, as well as the verification of passports and competition uniforms in accordance with CONMEBOL and ODESUR regulations.

During the Technical Congress, information will be provided on the team lineup procedures, as well as all matters related to team arrivals, pre-match warm-up, and the full match start protocol.

Match Lineup Requirements:

- Minimum number of players required to start a match.
- Requirements regarding the minimum number of substitute goalkeepers.
- Maximum number of players allowed on the lineup.
- Maximum number of technical staff members allowed

13. MEDICAL INFORMATION



a. Doping Control

Doping control tests Will be carried out by the Medical Commission of the Organizing Committee of the IV South American Youth Games Panama 2026 under the regulations of the ODESUR Medical Commission and in accordance with its Anti-Doping Rules approved by World Anti-doping Agency (WADA).

ODESUR reaffirms its policy of rejecting, sanctioning, and discouraging the use of doping substances and prohibited methods to ensure the healthiest, safest, fairest, and most ethical environment in sports competitions during the IV South American Youth Games Panama 2026.

The selection of athletes for sample collection in accordance with the ODESUR Anti-Doping Rule Violation and may be immediately removed from the IV South American Youth Games Panama 2026 and have their credential withdrawn.

b. Medical services at competition and training sites

A medical station will be available to provide first aid to athletes and officials at each competition and training site, equipped with all necessary safety equipment for Sporting activities. Ambulances will always be available in cases where a member of the IV South American Youth Games Panama 2026 needs to be transferred to a hospital.

14. POST- COMPETITION PROCEDURES

a. Mixed Zone

At the end of each event, athletes will be instructed to leave the Competition Area by passing through the Mixed Zone, which is an area where accredited media may conduct brief interviews after the competition.

Athletes must pass through the Mixed Zone where they will be asked to cooperate and talk with media representatives.

16. SPORTS SCHEDULE APPENDIX

Schedule

EVENT	APRIL															
	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
INDOOR FOOTBALL	■	■	■	■	■	■										



TECHNICAL MANUAL

INDOOR FOOTBALL



IV JUEGOS SURAMERICANOS DE LA JUVENTUD

ARGENTINA
ARUBA
BOLIVIA
BRASIL
CHILE
COLOMBIA
CURAZAO
ECUADOR
GUYANA
PANAMÁ
PARAGUAY
PERÚ
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