



CHANGES CONTROL

DATE	CHANGES	REASON
1/12/2026	Content 5: Information about the competition.	Change of the competition dates
	Content 15: Sport Schedule Appendix	
2/24/2026	Content 15: Sport Schedule Appendix	Complete Sport Schedule Appendix

FLAG
FOOTBALL



TECHNICAL MANUAL

FLAG FOOTBALL



IV JUEGOS SURAMERICANOS DE LA JUVENTUD

A OTRO
NIVEL



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1. WELCOME

On behalf of the National Government of the Republic of Panama, the Panamanian Sports Institute, and the Panamanian Olympic Committee, we extend a warm welcome to the IV South American Youth Games Panama 2026.

It is an honor for our country to host this sporting event, which celebrates the talent, discipline, and passion of the new generation of athletes in our region. These Games are an opportunity to reaffirm the values that unite us: excellence, friendship, unity, and the Olympic spirit that inspires every participant.

The organizing committee reaffirms its commitment to providing an event that promotes youth sports development, cultural exchange, and integration among the ODESUR member countries. We are working with enthusiasm and dedication to ensure that every detail reflects the pride and hospitality of the Panamanian people.

To all participating delegations, we wish you great success. May this experience in Panama be an opportunity to compete with dedication, learn with humility, and share with joy, in an atmosphere of respect and camaraderie.

Welcome to Panama 2026, where South American youth unite, inspire, and leave their mark in sports history!

Anamae Orillac
General Director
IV South American Youth Games Panama 2026



2. GENERAL INFORMATION ABOUT PANAMA

Panama City is the capital of Panama, an amazing country located in Central America, known for its rich cultural diversity, geography, and strategic role in international trade. Panama City is the only capital city in the world that has a protected rainforest within its city limits. It is a city of contrasts, where the modern blends with the traditional, offering a unique experience for visitors and residents alike. It has impressive skyscrapers, reflecting the economic growth and urban development of recent decades

a. Number of inhabitants

Panama City is the largest and most populous city in the country with 1,439,575 inhabitants in 2023, according to the National Institute of Statistics and Census. It is home to a population rich in ethnicities and traditions. It is a place where you can find a large number of immigrants of different nationalities from all over the world.

b. Location

The Republic of Panama is located in the central part of the American continent, bordered by the Caribbean Sea to the north, The Pacific Ocean to the south, Colombia to the east, and Costa Rica to the west.

c. Altitude

The altitude of Panama City rises to an average of 30 meters above sea level, covering an average area of 100 km². Its highest point is Cerro Ancon, where the Panamanian flag flies at the summit, which can be seen from the city

d. Climate

Panama has a tropical climate, characterized by warm and humid temperatures:

No.	CLIMATE	PANAMA RANGE
1	Temperature:	30/25°C
2	Relative Humidity:	82.40%
3	Precipitation:	223 mm
4	Altitude above sea level:	15 m
5	Sunrise:	6:15
6	Sunset:	18:28
7	Solar noon:	11 a.m.

Source: Instituto de Meteorología e Hidrología de Panamá



e. Currency of Panama

The official currency is the Balboa, which has the same value as the US Dollar and, according to Panamanian law, circulates freely and is used without restrictions in commercial and financial transactions.

3. SPORTS ORGANIZATIONS AND LEADERS

a. National Olympic Committees

The fifteen (15) Olympic Committees that are part of ODESUR come from the following countries:

ARGENTINA	ARG		COLOMBIA	COL		PARAGUAY	PAR	
ARUBA	ARU		CURAZAO	CUR		PERU	PER	
BOLIVIA	BOL		ECUADOR	ECU		SURINAM	SUR	
BRASIL	BRA		GUYANA	GUY		URUGUAY	URU	
CHILE	CHI		PANAMA	PAN		VENEZUELA	VEN	

b. Organización Deportiva Suramericana (ODESUR)

Phone number: 595 (21) 649 650 - Email: info@odesur.org

Executive Committee 2022 – 2026

NAME	ROLE	COUNTRY
Camilo Pérez López Moreira	President	Paraguay
Mario Moccia	1st Vice President	Argentina
Paulo Wanderley	2nd Vice president	Brasil
Miguel Angel Mujica	Secretary General	Chile
Marco Arze Mendoza	Treasurer	Bolivia
Damaris Young	Vocal	Panamá
Wanda Broeksema	Vocal	Aruba
Jose Luis Echeverry	Vocal	Colombia
Inés Remersaro	Chair of the Athlete's Commission	Uruguay



Technical Commission

NAME	ROLE	COUNTRY
Mario Moccia	President	Argentina
Jorge Delgado	Member	Ecuador
María Delgado	Member	Venezuela
Juan Carlos Orihuela	Member	Paraguay
Rodrigo Moreno	Member	Chile
Francisco Barreto	Member	Brasil
Victor Groupierre	ACODESU Member	Argentina
Fabio Ramírez García	Technical and Development Director	Colombia

Medical Commission

NAME	ROLE	COUNTRY
Dr. José Veloso	President	Uruguay
Dr. Hugo Rodríguez Papini	Member	Argentina
Juan Diego Parraga	Member	Colombia
Victor Carpio	Member	Perú
Luciano Rezende	Member	Brasil
Gerardo Acosta	Legal Adviser	Paraguay

Follow-up Committee for the IV South American Youth Games 2026

NAME	ROLE	COUNTRY
Marco Arce Mendoza	President	Bolivia
Wanda Broeksema	Member	Aruba
María Soto	Member	Venezuela
Benjamín Hockin	Member	Paraguay
Mario Cilenti	ODESUR Executive Director	Argentina
Fabio Ramírez	ODESUR Technical and Development Director	Colombia





c. INTERINSTITUTIONAL TECHNICAL COMMITTEE

ENTITY	ROLE	NAME
Director of Pandeportes	President	Mr. Miguel Angel Ordoñez
President of Panamenian Olympic Committee	Executive Secretary	Mrs. Damaris Young
Minister of Presidency	Member	Juan Carlos Orillac
Panama City Municipal Government	Member	Mayer Mizrachi
Minister of Culture	Member	Maruja Herrera
Minister de Economy and Finance	Member	Felipe Chapman
Panama Tourism Authority	Member	Gloria María de León
Promptur	Member	Salomón Shamah
Athlete's Representative	Member	Mrs. Daniela Rodríguez

Organizing Committee of the IV South American Youth Games Panamá 2026

General Director
 Anamae Orillac
 E-mail: anamae.orillac@jsjpanama2026.com

Technical Director
 Emilio Wong
 Email: emilio.wong@jsjpanama2026.com

d. International Federation of American Football (IFAF) Americas' Region

President: Pierre Trochet
 Address: 16 Blvd Saint Germani, CS 70514-75237, Paris, France. Cedex 05

General Manager: Andy Fuller
 Address: 16 Blvd Saint Germani, CS 70514-75237, Paris, France. Cedex 05
 Phone number: +447971497792
 E-mail: andy.fuller@americanfootball.sport

IFAF Americas Continental Director: Javier Alejandro L'Episcopo
 Address: 16 Blvd Saint Germani, CS 70514-75237, Paris, France. Cedex 05
 Phone number: +528112091751
 E-mail: Javier.lepiscopo@americanfootball.sport



e. Asociación Football Americano de Panamá

President: Luis Navas

Phone Number: +50760705585

E-mail: lnavas@affpanama.org ; fn-football@copanama.com

f. International Technical Officials

The IFAF Americas Continental Direction will appoint the international technical officials.

International Technical Delegate (ITD): Javier Alejandro L'Episcopo

E-mail: Javier.lepiscopo@americanfootball.sport

Phone Number: +528112091751

4. IV SOUTH AMERICAN YOUTH GAMES PANAMÁ 2026, IN NUMBERS

- 15 countries
- 22 sports – one guest sport (Chess)
- + 1.500 participating athletes
- 13 days of competition
- 20 sporting venues

5. INFORMATION ABOUT COMPETITION

The flag football competition for the IV South American Youth Games Panama 2026 will be held from **April 17th to the 19th 2026** in the venue Estadio Emilio Royo – Ciudad Deportiva Irving Saladino.

a. Competition format

The competition schedule will be presented to the countries in due time, according to the number of participating teams, in accordance with the IFA



6. COMPETITION PROGRAM AND MEDALS

Date	Sesion	Time	Event	Gender
17- Apr		8:00	Game 1 TEAM 1 VS TEAM 2	Male
		9:15	Game 2 Team 3 vs Team 4	Male
		10:30	Game 1 Team 1 vs Team 2	Female
		11:45	Game 3 Team 3 vs Team 1	Male
		13:00	Game 4 Team 4 vs Team 2	Male
		14:15	Game 2 Team 2 vs Team 3	Female
		15:30	Game 5 Team 3 vs Team 2	Male
		16:45	Game 6 Team 4 vs Team 1	Male
		18:00	Game 3 Team 3 vs Team 1	Female
18- Apr		8:00	Game 7 Team 2 vs Team 1	Male
		9:15	Game 8 Team 4 vs Team 3	Male
		10:30	Game 4 Team 2 vs Team 1	Female
		11:45	Game 9 Team 1 vs Team 3	Male
		13:00	Game 10 Team 2 vs Team 4	Male
		14:15	Game 5 Team 3 vs Team 2	Female
		15:30	Game 11 Team 2 vs Team 3	Male
		16:45	Game 12 Team 1 vs Team 4	Male
		18:00	Game 6 Team 1 vs Team 3	Female
19- Apr		11:45	Game 1 First Place vs Fourth Place	Male
		13:00	Game 2 Second Place vs Third Place	Male
		14:15	Game 1: Third Place vs Second Place	Female
		15:30	Third Place Game. Loser of Game 1 vs Loser of Game 2	Male
		16:45	Championship Game. Winner of Game 1 vs Winner of Game 2	Male
		18:00	Championship Game. First Place Team vs Winner of Game 2	Female

CATEGORIES SUMMONED			MEDALS TO BE AWARDED					
EVENT	MALE	FEMALE	MALE			FEMALE		
			GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE
FLAG FOOTBALL	1	1	1	1	1	1	1	1
TOTAL			1	1	1	1	1	1

The training schedule will be established by the Organizing Committee after receiving all numerical registrations and will be confirmed upon the arrival of the delegations.

For a category to be held, a minimum of four (4) athletes from four (4) different NOCs must participate.

The competition schedule for each category will be established according to the logistics defined after the registration period begins.

In accordance with ODESUR regulations, the prizes will be awarded as follows:

- First place: gold medal.
- Second place: silver medal.
- Third place: bronze medal

All competitors will receive a certificate of participation.



The prizes will be awarded once the competition is over, following the protocol rules of ODESUR, and the official uniform representing their country must be worn.

7. PARTICIPANTS

All athletes from countries whose Olympic Committees are affiliated with ODESUR and whose National Federations are affiliated with the IFAF as of the date of the competition are eligible to participate.

Each NOC may compete with twelve (12) male athletes and twelve (12) female athletes.

The number of team officials in a delegation may not exceed 40% of the total number of athletes.

8. ELEGIBILITY

To be eligible and participate in the IV South American Youth Games Panama 2026, the athlete must comply with the ODESUR statutes and the rules of IFAF.

a. Competitors' Nationality

Any competitor participating in the IV South American Youth Games Panama 2026 must have the nationality of the country of the NOC that registered them, which will be responsible for that registration. The nationality and eligibility of the competitor is determined in accordance with ODESUR regulations.

b. Age of Competitors

All athletes born between **January 1st 2009 and December 31st 2011** (15 – 17 y/o) will be allowed to participate in.

9. REGISTRATION

a. Intention to Participate

All National Olympic Committees' must submit their intention to participate by **October 1st 2025**, at 11:59:59 p.m. (Panama Time), using the official forms that the Organizing Committee will send out in due course. They must indicate the sports in which they will participate for the IV South American Youth Games Panama 2026. Forms will be published on the official website.



b. Numerical Registration

Numerical Registration Forms (individual and team) will indicate, without specifying names, the number of officials, technical staff, competitors, and support personnel that will make up the delegation. These forms must be submitted through the respective National Olympic Committee (NOC) and received by the Organizing Committee of the IV South American Youth Games Panama 2026 no later than **November 30th 2025**, at 11:59:59 PM (Panama time).

c. Long List Registration

the long list of athletes, team officials, technical staff, administrative, and auxiliary personnel must be sent to the Organizing Committee of the IV South American Youth Games Panama 2026 no later than **January 20th 2026**, at 23:59:59 (Panama Time). The long list may be submitted by email in order to meet the deadline.

d. Final Nominal Registration

The nominal list for flag football must be submitted no later than **February 26th 2026**, at 23:59:59 (Panama time).

The final list of athletes, team officials, technical staff , administrative and support personnel will be reviewed by the Head of Mission or a representative authorized by the NOC and representative of the Organizing Committee (Registrations – Accreditations - Technical, etc.) during the “Delegation Registration (PRE DRM DRM) ” meetings, which will be held virtually on the following dates: February 20th, 2026, and March 20th, 2026, and an in-person DRM starting on April 6th, 2026 which will take place at the organizing Committee’s office.

At the time of Final Registration, no new registrations may be included; registration will be limited to the names listed in the Nominal List – Long List and may not exceed the number of athletes indicated in the Technical Instructions (Technical Manual) for each sport.

The number of team officials in delegations may not exceed 40% of the total number of athletes confirmed in the DRM. Once the DRM is complete, the registration and accreditation process for the delegation will be finished, and it will not be possible to accredit any other participants, except in exceptional circumstances duly authorized by ODESUR.



e. Sending Information

Any information regarding registrations or other matters may be sent to:
Email: direcciontecnicapanama2026@jsjpanama2026.com

10. FLAG FOOTBALL RULES

a. General Rules

The competitions of the IV South American Youth Games Panama 2026 will be conducted in accordance with the statutes and regulations of the Organización Deportiva de Suramerica (ODESUR), as well as the competition regulations and game rules of the IFAF in force during the Games.

Cases not covered by the regulations will be resolved as follows:

- General matters will be resolved in accordance with the ODESUR Statutes.
- Technical matters will be resolved in accordance with the IFAF Competition Regulations and Game Rules.

The Competition System will be defined based on the number of teams registered and will consist of two phases, as follows:

- **Group Phase:** played in a Round Robin format, where each team plays against all others, generating a standings table.
- **Final Phase:** the top four teams will play in a single-elimination format, consisting of semifinals, a third-place game, and a final.
- **Semifinals:** the matches will be 1st place vs. 4th place and 2nd place vs. 3rd place from the Group Phase.
- **Third Place Game:** the losers of the semifinal matches will play to determine the team that finishes in third place.
- **Final:** the winners of the semifinal matches will play to determine the gold and silver medalists.

b. COMPETITION STAFF: (JUDGES, JURORS AND TECHNICAL OFFICIALS)

The ITD appointed by IFAF will be responsible for designating all International Referees participating in the event. IFAF will appoint a neutral official in charge of the logistics of the referees.

Each participating delegation must provide two (2) game officials
No referee, judge, and/or commissaire may serve as a delegate for their team or stay with their delegation.



c. PROTESTS AND APPEALS

Protests must be submitted to the competition judges in accordance with the specific regulations of the sport and the provisions contained in the ODESUR South American Sports Games Regulations.

Protests and appeals will be resolved in accordance with the Statutes and Regulations of the IFAF. The decisions of the Jury shall be final.

Technical claims will be handled according to the rules and procedures established by the respective International Sports Federations and must be submitted to the judges of the corresponding competitions, who, together with the referee, shall decide in the first instance.

Affected parties may appeal to the Sport Appeal Jury within thirty (30) minutes following notification, accompanied by one hundred U.S. Dollar (USD 100). After this period, no further claims will be accepted.

The monetary guarantees required will be refunded to the claimant if the protest is upheld. Otherwise, these funds will be transferred to the Organizing Committee of the IV South American Youth Games Panama 2026.

11. EQUIPMENT - UNIFORMS - FACILITIES

The official athletes' uniform must comply with the IFAF Uniform Manual. All players on a team must wear full numbers ranging from 0 to 99, according to the current IFAF Flag Football Rules.

Each team must have an alternate uniform to prevent color similarity or confusion on the field.

Flag Equipment

Flag belts of the pop-socket type must comply with the current IFAF Flag Football Rule 20.3.

Sports Equipment and Facilities

Ball: Women's games will use a youth-size ball, and men's games will use an adult-size ball, as established in the current IFAF Flag Football Rules.

Field of Play: The field length is 50 yards (45.75 m), plus two 10-yard (9.15 m) end zones, and a width of 25 yards (22.90 m). An additional 10-yard safety zone must surround the field for player safety.



Total space required including the safety areas: 90 yards (82.30 m) x 45 yards (41.15 m).

All sports equipment and competition facilities will be implemented in accordance with IFAF regulations.

[ODESUR – Manual for the Use of the Manufacturer Trademarks](#)

12. TECHNICAL MEETING

The Delegates' Technical Meeting will be held on a date to be confirmed at the Games Organizing Committee headquarters.

Up to two (2) representatives from each NOC may attend the Final Registration Verification, one with voting rights, along with an interpreter or assistant, if necessary.

The Final Registration Verification will include confirmation of the final participant registrations by category, confirmation of totals, the draw to determine the order of competing countries, as well as the verification of passports and competition uniforms in accordance with IFAF and ODESUR regulations.

13. MEDICAL INFORMATION

a. Doping Control

Doping control tests will be conducted by the Medical Commission of the Organizing Committee of the IV South American Youth Games Panama 2026, under the regulations of the ODESUR Medical Commission and in accordance with its Anti-Doping Rules approved by WADA.

ODESUR reaffirms its policy of rejecting, sanctioning, and discouraging, by all means, the use of doping substances and prohibited methods to ensure the healthiest, safest, fairest, and most ethical environment in sports competitions during the IV South American Youth Games Panama 2026.

The selection of athletes for sample collection, according to the ODESUR Anti-Doping Regulations, will be carried out by the ODESUR Medical Commission. The analysis of the samples will be conducted by a laboratory accredited by the World Anti-Doping Agency (WADA).

Any competitor who refuses to undergo a doping control test will be committing an Anti-Doping Rule Violation and may be immediately removed



from the IV South American Youth Games Panama 2026 and have their accreditation withdrawn.

b. Medical services at competition and training sites

A medical station will be available to provide first aid to athletes and officials at each competition and training site, equipped with all necessary safety equipment for Sporting activities. Ambulances will always be available in cases where a member of the IV South American Youth Games Panama 2026 needs to be transferred to a hospital.

14. POST- COMPETITION PROCEDURES

a. Mixed Zone

At the end of each event, athletes will be instructed to leave the Competition Area by passing through the Mixed Zone, which is an area where accredited media may conduct brief interviews after the competition.

Athletes must pass through the Mixed Zone where they will be asked to cooperate and talk with media representatives.

15. SPORTS SCHEDULE APPENDIX

Schedule

EVENT	APRIL															
	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
FLAG FOOTBALL								■	■	■						



TECHNICAL MANUAL

FLAG FOOTBALL



IV JUEGOS SURAMERICANOS DE LA JUVENTUD

ARGENTINA
ARUBA
BOLIVIA
BRASIL
CHILE
COLOMBIA
CURAZAO
ECUADOR
GUYANA
PANAMÁ
PARAGUAY
PERÚ
SURINAM
URUGUAY
VENEZUELA

A OTRO
NIVEL

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